



# Army Reserve Family Programs

**Connecting: Soldiers • Families • Communities**

We offer relevant and responsive programs, services, and resources based at the local command and within communities to assist command teams in meeting unit readiness and resiliency goals. Our resources at major commands provide a direct and personal interaction with Soldiers and Families for Army Reserve Family Programs.



## UNIT FOCUS AND PROGRAM SUPPORT

Army Reserve unit-level command teams establish Soldier and Family Readiness Groups (SFRG) at their units to assist with Family Readiness-related activities, programs and services. ARFP supports the command teams and SFRGs with Regional Family Program Directors and Family Programs Coordinators at the Army Reserve Major Subordinate Commands. The Family Programs Directors, Family Programs Coordinators and Family Readiness Support Assistants provide a personal touch and local access to ARFP's programs, services and resources. They are also command team resources to assist in unit volunteer opportunities, outreach, information, and activities.

### Regional Family Program Directors

Direct Family Programs for Major Subordinate Commands with operations throughout a large, multi-state geographic area.

### Family Programs Coordinators

Plan, develop and implement community social service programs and provide staff assistance to solve programs affecting the military community

### Family Readiness Support Assistants (FRSA)

Perform clerical and administrative duties supporting Commanders and volunteer SFRG leaders.

### Soldier and Family Readiness Groups (SFRG)

SFRGs are established by a commander with volunteers concerned with increasing the unit, Soldier and Family readiness and resiliency, especially during periods of military separation.

### Army Reserve Volunteer Program

Volunteers have tremendous impact on the health and well-being of the Army Reserve Community, directly affecting the readiness and resiliency of the Command. The Army Reserve Volunteer Program promotes and strengthens volunteerism by uniting community volunteer efforts, enhancing volunteer mobility, and establishing volunteer partnerships.


Numerous volunteer opportunities are available to Soldiers, Families and community members to perform activities supporting the local community and the

Army Reserve. These efforts significantly raise awareness of the role of the United States Armed Forces and enhance the quality of life in their communities.

### Army Family Action Plan (AFAP)

The U.S. Army Reserve Family Programs participation in the Army Family Action Plan program ensures that our programs, services and resources remain relevant over time. AFAP gives Family members, Soldiers, Survivors, Civilians and Wounded Warriors a voice in identifying needed enhancements to the quality of life of Army Reserve Soldiers and their Families. AFAP provides the Total Army Voice in shaping their standards of living and identifying issues related to the current environment.



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